



# The Network

SEPTEMBER 2014

# 7

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## September 28th is Tap It and Tapas!

Get ready, Central Coast, because the first ever Tap It and Tapas event is coming!

**September 28th, 2014**  
**11am - 3pm**  
**Tap It Brewery**  
(675 Clarion Ct.)

SLO's first annual "Tap It and Tapas" event is where you will find SLO's best Food Trucks and, of course, Tap It beer to satisfy your every craving!

Visit our [Facebook Event Page](#) for more details!

Featuring a performance by [the Topsy Gypsies](#), the day will be filled with quality entertainment, food truck festivities, and, of course, Tap-It's award winning IPA.

Gusto on the Go Bistro, Haute Skillet, and more delicious food (we're in the works now!) will all be there with scrumptious



tasters ready to tempt you!

Each \$40 ticket includes tasters from each of the food trucks, two beers from Tap It, an incredible atmosphere!

**But that's not all!**

Print out this coupon when you visit Tap-It on any Sunday during September, and 20% of your purchase will be donated to the ASN!

**Don't wait! [Get your tickets](#) to this one-of-a-kind event today!**

If you are interested in volunteering, give us a call at 805-781-3660. All volunteers get a FREE T-SHIRT!



## Helpful Hops

20% of each coupon holder's purchase will go to the AIDS Support Network every Sunday in September.

Expiration date: 09/28/2014



Hosted by Tap It Brewing Co.



## FREE HIV Testing at ASN

The ASN offers FREE confidential HIV testing every week!

Come and see us!

### WEDNESDAYS:

1pm to 4:pm

### FRIDAYS:

11am to 3pm

For the convenience of our readers, the ASN newsletter will now be published mid-month instead of during the first week of each month.

[CLICK HERE](#) or visit [ASN.org/enewsletter.php](http://ASN.org/enewsletter.php) to subscribe to our E-News blast!

# MissionCars.com

Are you in the market for a new car?

We are happy to announce that you can now directly support the ASN by donating your used car to [MissionCars.com](http://MissionCars.com), a non-profit organization based here in San Luis Obispo.

Mission Cars is "a business project of [Alpha Academy](#), a residential mentoring program in San Luis Obispo, CA. Alpha Academy students are young men who are serious about pursuing positive direction in their lives, and commit to six months of work, class, and

community to reach their goals."

This program provides real-world

experience in which students can learn basic vehicle maintenance, "planning, budgeting, follow-through, attention to detail, work ethic, and many other life lessons."

By donating your used car to Mission Cars, you will not only help support the youth involved in Alpha Academy, but 50% of the sales profits will be given to the ASN to help support its many essential programs, such as the ASN's heavily utilized Food Pantry program.



*"As always, the ASN strives to not only educate those affected by these devastating diseases, but also San Luis Obispo's multi-faceted medical provider community..."*

## Alan Franciscus Gives HCV Workshop in SLO

As part of the ASN's ongoing efforts to inform and educate the SLO community about HIV/AIDS and Hep C, we are excited to have Alan Franciscus presenting a Hepatitis C Training Workshop, designed for both medical professionals and interested community members.

As the Founder and Executive Director of the Hepatitis C Support Project (HCSP) and the ever-informative [HCV](#)

[Advocate newsletter and website](#), Alan Franciscus is at the forefront of hepatitis C advocacy and education.

Franciscus' workshop will cover many topics, including the liver, Hep C transmission & prevention, diagnostic tools, symptoms & disease progression, disease management, and available treatments.

As always, the ASN strives to not only educate those affected by these devastating diseases, but

also SLO's multi-faceted medical provider community, including doctors, nurses, and all other healthcare professionals who will benefit from more in-depth knowledge about HIV/AIDS and Hep C.

This workshop was brought to this community through a collaboration between the HCV Advocate, SLO Bangers, the County of SLO Public Health Department, and the ASN/SLO Hep C Project.

**Your support and the support of local community members and businesses are vital to our continuing ability to provide comprehensive services to our growing number of clients. There are many ways that you can make a generous donation!**

- **Money:** ALL MONEY DONATED TO THE ASN IS TAX DEDUCTABLE & REMAINS IN THIS COMMUNITY to help SLO County residents in their struggle with HIV/AIDS and Hep C.
- **Time:** One of the most important ways the SLO community supports the ASN is through the gift of time. Our volunteer program offers opportunities to directly assist clients and help keep the agency streamlined.
- **Food:** ASN's Food Panty is always in need of the basics. If you would like to hold a food drive, or donate food directly, we have a list of suggestions for you!

**You will make a difference! Contact us, or visit [ASN.org](http://ASN.org), for more details!**

You Can  
Make a  
Difference!

# Hepatitis C: Why Should You Get Tested?

- **You have the right to know your status!** - Knowledge is power when it comes to making decisions for your ongoing health needs and goals.
- **Screening is essential to find seriously ill patients.** - Many people with Hep C have no visible symptoms for years, though this doesn't mean that the disease isn't damaging the body.
- **Treatment begins at diagnosis.** - Within the past year, new



treatments for Hep C have become significantly more effective, with shorter treatment durations, less intense side-effects, and even the possibility of completely eradicating the virus, essentially creating a cure. Early diagnosis empowers you and your doctor to treat this disease.

- **Diagnosis prevents transmission to others.** - Knowing one's status is the first step to ensuring that precautionary measures are being taken to transmit the disease to others. The testing process will not only help you know your status, but will often help you understand ways to keep yourself safe.

- **Screening is FREE for most people!**

Not sure where to go to get tested? Give us a call and we'll let you know where you can go for free Hep C testing (**805-781-3660**). If you have any questions about Hep C testing, about the disease itself, or about the services the SLO Hep C Project has to offer, contact us and we'll be happy to answer all of your questions.

*The above information was paraphrased from "Hepatitis C (HCV): Why Screen in an Uncertain Environment" published by the [National Viral Hepatitis Roundtable \(NVHR\)](#). The ASN is proud to be a member of the NVHR, whose vision is "the elimination of viral hepatitis through advocacy, education and coalition-building."*

## It's Time to Register!

Register today at the 2014 Walk for Life event website, and enjoy several exciting features designed to streamline your fundraising process!

First, visit the [Walk for Life 2014 website](#) and click "Register" in the left-hand menu where you can either start your own team, join a team, or join as an individual.

After registering, check out your new "My HQ" section where you can:

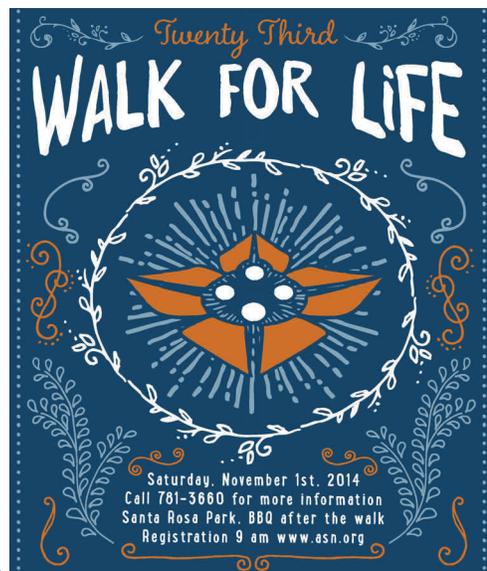
- Receive your own unique event website where your family and friends can contribute to your goal with ease and convenience!
- Easily keep track of your fundraising progress with one-click reports.
- Get in touch with your entire contact list at once using the email

address import tool in the "My HQ" section of the website. (You can even use our pre-written email requests to save time!)

Walk with friends, family, and colleagues to create a fulfilling teambuilding experience that unites everyone under a single cause! Walking as team will also help bolster your organization or group's visibility as you take part in important community outreach, so spread the word and take advantage of this unique opportunity!

The dollars you help raise will directly impact the lives of our clients. They translate to health education; access to medications; physicians and public or private benefits programs; assistance for

utilities and rent; payments for mental health counseling, lab work, dental work and so much more! By walking with us, you not only help us raise funds for vital services, but you help us raise awareness for HIV/AIDS and Hep C.





Mailing Address:  
 P.O. Box 12158  
 San Luis Obispo, CA 93406

Physical Address:  
 1320 Nipomo St.  
 San Luis Obispo, CA 93401

Phone: 805-781-3660  
 800-491-9141  
 Fax: 805-781-3664

The San Luis Obispo County AIDS Support Network remains the sole community-based, non-profit organization in this county that provides supportive services to residents living with HIV disease & AIDS, and their families and friends.

The SLO Hep C Project is dedicated to meeting the needs of people living with hepatitis C and increasing public awareness through educational outreach in SLO County.

The agency strives to improve the quality of life and independence of its clients by providing support on an individual basis.

Learn more at [ASN.org](http://ASN.org) & [SLOHepC.org](http://SLOHepC.org)

# Upcoming Events & Opportunities!

We are proud to offer our community a wide variety of **volunteer opportunities**. You're sure to find one that's perfect for you!

## Front Desk Volunteer:

Our front desk volunteers are the back bone of the office. They direct phone calls, greet incoming clients, help with distributing food from our pantry, and overall help to keep us sane! We love, LOVE, our front desk volunteers!

## Direct Client Services:

There is always a need for a variety of services, including companionship, meal delivery & preparation, housekeeping, gardening, transportation for medical visits or groceries, pet care, and other invaluable services.

Contact us for more details!



## Upcoming Events:

### Tap It and Tasters

Sunday, Sep. 28th | 11am - 3pm

Tap It Brewery (675 Clarion Ct., San Luis Obispo)

If you like good food, amazing beer, and incredible live music, you'll love Tap-It and Tasters! Each \$40 ticket includes tasters from each of the food trucks, two beers from Tap-It, an incredible atmosphere! Don't wait! **Get your tickets** to this one-of-a-kind event today!

[Tickets now available online!](#)

### SAVE THE DATE! November 1st, 2014

Saturday, Nov. 1st is the 23rd Annual Walk for Life!

It's not too early to start planning your team, getting your strategies ready for fundraising! **Keep an eye for more information as we get closer to November!**

For more information, visit [www.ASN.org](http://www.ASN.org)